Dermaplaning

Pre read & Aftercare

Before having Dermaplaning carried out we ask that you kindly read the following information carefully.

What is Dermaplaning?

Dermaplaning is a non invasive skin resurfacing facial treatment, that uses a blade to help with exfoliation of the epidermal layer as well as removing the fuzz hair, that will leave your skin glowing, silky smooth & rejuvenated.

The benefits of this treatment are

- You will get instant results
- Skin will be left with a healthy glow as well as soft & smooth
- It will remove any unwanted facial hair (that will NOT grow back thicker) & (ideal for those who are sensitive to facial waxing)
- It non traumatic on the skin and will not cause inflammation
- It will improve your skin tone
- Can be carried out every 4-6 weeks (2 weeks if wanting to help correct acne scars, fine lines & wrinkles)

Dermaplaning although can be carried out on most people if you suffer from any of the following unfortunately you will not be able to have this treatment carried out

- 1st trimester of pregnancy
- An autoimmune disease
- Insulin dependant diabetic
- Active shingles
- Haemophiliacs
- Clients undergoing chemotherapy
- Thin, weak or delicate skin
- Currently taking blood thinners (any kind)
- Currently taking medication for acne
- Any infectious / contagious disease
- Any undiagnosed swellings or lumps.

However if you are suffering from any of the below we can treat but may need a doctor's note or a patch test may need to be carried out

- Allergies to stainless steel of nickel (patch test to be carried out)
- Hypersentive skin (patch test to be carried out)
- Taking any steroid medication (patch test to be carried out)
- Widespread acne
- Severe eczema or psoriasis
- Sunburn
- Scar tissue less than 3 months old

So now that you have had your treatment carried out and your skin is feeling and looking amazing, to help maintain the results and to look after your skin please follow the guidelines below

- When cleansing your skin use a gentle facial cleanser and ideally use cool water to rinse.
- Do use your facial serums as absorption levels will be increased.
- Use a moisturiser daily morning and night with an spf of 30 or above.
- Do not apply make up for at least 24 hours.
- Drink plenty of water
- Do not attempt a heavy workout at the gym for 72 hours after treatment.
- Avoid sun beds, direct sun, jacuzzi's, saunas & Similar for 72 hours hours after treatment.
- Do not attempt any facial waxing for at least a week after treatment.
- Avoid Dermal Fillers or Botox for 2 to 4 weeksdepending on area on having it done.
- No scrubs, face polishers, or aggressive ingredient products should be used on the skin for 7 to 14 days. (Retinol creams or harsh facial acids)